



PE Vision, Intent, Implementation and Impact

DfE Vision: All pupils leave primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

Intent

At Lytchett Matravers Primary School we recognise the importance of PE in our curriculum and we are committed to providing all children with opportunities to engage fully in Physical Education. In PE, our objectives align with the National Curriculum in that we aim to ensure all pupils:

- ◇ participate in a wide range of sports and physical activities;
- ◇ develop and apply teamwork skills;
- ◇ develop confidence, resilience, determination and drive to achieve their best;
- ◇ compete in a range of competitive events (against themselves and others);
- ◇ organise and lead their own activities, events and games, where appropriate;
- ◇ develop and model the skills of 'good sportsmanship', including respect for rules and the ability to win or lose gracefully.

Through PE, teachers will:

- ◇ model a positive attitude to sports and physical activity;
- ◇ encourage active participation and engagement in a range of physical activities;
- ◇ seek and embrace opportunities for their own CPD;
- ◇ plan and lead a range of regular sporting clubs or other physical activities;
- ◇ seek and plan events where children can perform or compete;
- ◇ celebrate children's success and personal achievements in sports and physical activity.

EYFS: We encourage the physical development of our children in the reception class as an integral part of their work, using Development Matters skills for PE within the national curriculum. We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

Key Stage One: Children are taught more skills in isolation to develop key concepts for playing a range of sports. Our PE coach and teachers adopt a multi-skills approach to lessons in order to enhance fundamental movement skills, where they can explore and develop the techniques required.

Key Stage Two: Children will start to work towards mastery of key skills throughout key stage two where they will get to apply the skills previously learnt to specific sports. Over the four years, the children are provided with great opportunity for repetition of key concepts and progressions, where they can explore key skills across a wide variety of sports. The emphasis for children at the end of this milestone is to be secondary PE ready. Children should develop greater spatial awareness in team games and understand tactics and strategies to help them outwit opponents. Individuals should take ownership for leading healthy active lifestyles and understand how to improve in a broad range of sports.

Implementation

- ◇ Curriculum: see attached Curriculum overview of lessons. This is fluid and can change according to our children's needs and response from Pupil Voice. Our curriculum aims to improve the wellbeing and fitness of all children at LMPs, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes. It is carefully planned to include a range of indoor and outdoor based lessons throughout the year, with the provision of a varied and progressive learning programme. All children will receive at least two hours of engaging, high quality and enjoyable physical education lessons per week, as well as taking part in at least half an hour of physical activities per day. Appropriate provision is in place to support a range of learning needs and abilities and ensure positive outcomes for all children
- ◇ Planning: Our detailed lesson plans and visual aids ensure that all teachers are equipped with the secure subject knowledge required to deliver modern, high-quality teaching and learning opportunities for all areas. Lessons are planned alongside the progression map to ensure that children are given the opportunity to practise existing skills and also build on these to develop new or more advanced skills. There is a structure to the lesson sequence whereby prior learning is always considered and opportunities for revision and practise are built into lessons. Interwoven into the teaching sequence are key assessment questions, with key teaching points in italics. These allow teachers to assess the different levels of understanding at various points in the lesson and also allow time to recap concepts where necessary, helping to embed learning. We have an experienced coach who works with the class teacher once a week, to support them further in delivering high-quality PE lessons.
- ◇ Resources and Location: Most of the small/ outdoor equipment is stored in the PE shed (the office has the key). This is only accessible to children under strict adult supervision (mainly upper KS2). The hall contains a range of large apparatus and mats for Gymnastics. We expect the children to help set up and put the equipment away as part of their lesson. The children use the school field, MUGA for games and athletic activities; the hall for gymnastics, dance and yoga; and the local swimming pool for swimming lessons
- ◇ Where is pupil's work recorded?: PE activities and work is mainly recorded through photos/ videos on the PE iPad. We are also assessing children in Gymnastics (other sports to follow)
- ◇ Extra-curricular Opportunities: We offer weekly sports clubs and activities where children can develop skills in sports or other physical activities in which they have a particular interest or expertise. Through these, additional opportunities for competition or performance may arise.
- ◇ Competitions: We aim to give all children the opportunity to experience competitive sport by planning and participating in regular school-based events such as sports days, intra/ inter-school leagues and other local or regional events that may be appropriate and available (through links with PEDASA and our Trust). This is an inclusive approach, which endeavours to encourage not only physical development, but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children
- ◇ Opportunities for cross-curricular learning: PE uses pupils' knowledge and skills across other subjects, for example - English: through actively promoting the children to describe what they have done, to referee/ umpire matches and explain decisions and rules; Geography/ Maths - using map skills and reading coordinates.
- ◇ PSHE: children learn about the benefits of exercise and healthy eating
- ◇ Health and Safety considerations: Children are taught to consider their own safety and that of others at all times. They are expected to change into the agreed clothing for each activity. It is expected that teachers wear appropriate clothing when teaching PE. No jewellery is to be worn by the children
- ◇ Bronze Ambassadors: Each year, a small group of Year 5 children are invited to become Bronze Ambassador Sport Leaders for the school. They work with the current Year 6 Bronze Ambassadors to develop their sporting role models for the younger children, assisting with Project Platinum (to achieve the 30 minutes engagement that should be in school), annual Sports day and any other Sporting activities.
- ◇ Swimming: Children in Year 3 and 5, swim once a week for 5 weeks (Year 5; Autumn term and Year 3; Spring Term). If there are children who still require extra support, they are provided with the opportunity to attend booster sessions.
- ◇ PE Assessment: In every year group, children work on developing their achievement in each area set for the different year groups. Teachers assess children's work by making assessments as they observe them working during lessons

Impact

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children will learn to take responsibility for their own health and fitness, many of whom, also enjoy the success of competitive sports. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.

Each unit is mapped against the progression documents to ensure that learners develop detailed knowledge and skills across the full breadth of the PE curriculum, through engaging and age-appropriate curriculum content. The children complete each key stage with a high proficiency in each aspect of PE. Children are aware of the link between physical activity and good mental health and understand its significance as part of a healthy lifestyle. Our indoor units are often themed with strong cross-curricular links to other subjects and topics, such as Europe, Ancient Egyptians and Traditional Tales. This all helps to make the learning memorable, allowing links to be made and ultimately creating a higher level of engagement and understanding. Attainment and progress can be measured using our assessment spreadsheets. The high quality and consistent approach to PE teaching, that is a feature of our PE lessons, should significantly improve attainment in knowledge and skills in PE.

The impact of PE at LMPS, will increase the profile of sport, PE and physical activity across the school. With technical PE vocabulary displayed, spoken and used by all learners, the learning environment will be more consistent across the whole school. LMPS achieves well in a number of sporting activities and competes in many inter school competitions.

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